

Brighton Brief



5th April 2024
Brighton-Le-Sands Public School Newsletter



Save the Date

Week 11

No breakfast club

Wednesday 10th April

- 10am School Anzac Service
- 11am Principal's morning tea

Friday 12th April

- School Athletics Carnival

Term 2

Week 1

Monday 29th April

- Pupil free - School Development Day

Tuesday 30th April

- Students return for Term 2

Friday 3rd May

- Years 1 to 6 Winter sport programs begins

Week 2

7th May

- 2025 Kindergarten school tour

8th May

- P&C Mother's day stall

9th May

- Selective high school test for registered Year 6 students

Happenings

Student news and achievements

Where has Term 1 gone?

Yet again another two weeks has passed and we are now at the conclusion of our first term for 2024.

The stand out highlight of the past two weeks was certainly our Easter hat parade, eggs-hibition and P&C raffle. Thank you to our school community for their support it was a great way to finish the week prior to the short Easter break.

Our captains, prefects with Ms DeAngeli and Brighton RSL sub-branch representatives attended the RSL & Schools Anzac remembrance service at Hyde Park joining some 500+ students from over 100 schools. Real life mathematics has been on show in our playground with many classes outside measuring, building and even playing games all the pursuit of greater mathematical knowledge.

Our attendance rate continues to hold above 90% in fact just under 94% which is a positive start to the year. We understand that sickness is unavoidable and children should stay at home when ill.

Our featured photo is from our Easter Hat Parade.



Reminders

Extended leave from school

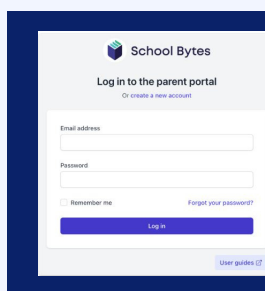
Extended leave is determined as leave over 10 school days.

The preference is that family holidays take place during school holidays. Please keep in mind when making travel plans that we are unable to approve and justify any extended leave that exceeds one school term.

An application of extended leave must be completed and this can be found under forms in the School Bytes app.

Families taking extended leave are able to access school work via the department's guided packages:

<https://education.nsw.gov.au/teaching-and-learning/learning-from-home/learning-at-home>



Register for School Bytes

Please ensure that at least one parent has an account. Contact the office for an activation key if your child has a shared custody arrangement. We have included a flyer in this newsletter.

[WEBSITE LINK](#)

Introducing Class 5D

Teacher
Mrs Derbyshire

Class 5D were this weeks assembly hosts .



From the Relieving Principal

Mrs McKinnery

Applications are now being accepted for OC Class 2025

Is your child a curious learner?

Opportunity classes are for high potential and gifted students in Years 5 in 2025 continuing in Year 6 in 2026.

Learn more and apply at: [Opportunity classes](#)

Families in Year 4 will be emailed additional information.

Key dates

- Thursday 4 April to Monday 20 May 2024 – Applications open for Year 5 entry to opportunity classes in 2025.
- Thursday 1 August 2024 – Candidates sit the Opportunity Class Placement Test.

Student congratulations

Well done to all students on their efforts and commitment to learning over the first term of the year. It was just a matter of months ago that we were returning for the new school year and we are now at the end of Term 1. Students have been busy in classrooms and on the playground learning and experiencing new things and revisiting some familiar routines.

Friday 12th April is the final day of term. School returns for students on Tuesday 30th April.

Thank you to the school community for their support in this time especially as we finalised some staffing arrangements including the relieving principal position. We hope you enjoy the school holidays. Please note that I will be at State Primary Swimming on the final two days of term and unfortunately will miss the athletics carnival. Mrs DeAngeli will be available in the office to assist if required.

Parent interviews

Thank you to the teachers who have given their time to meet with parents over the final two weeks of term. If you happened to miss making an appointment please email the school and this will be forwarded to teachers. Please understand that it may not be possible to schedule a meeting before the holidays.

Approaching other parents and students

It is advised that parents avoid approaching other parents and certainly do not approach students in an attempt to resolve a matter either in or outside the school. It might be seen as a polite, conciliatory gesture however you can never predict the reception or behaviour of other parties.

Staffing updates

- Miss Kapp, Mr Trompp and Mrs Aylesbury will be taking leave during the final week of term for varying periods.
- Staff absences - like students, staff also can be absent from school. This can be due to a variety of reasons including sickness, injury, personal and family circumstances and extended leave. In addition staff can also be absent due to school related matters such as attending an event with students and professional learning. We are fortunate to have good casual teachers who are familiar with our school who we able source.



Opportunity class

If your child is in Year 4, apply now for entry in 2025.

Applications close 20 May 2024.



Save The Date - Term 2 return

What: Children return for Term 2

When: Tuesday 30th April

Where: School

From the Relieving Principal

Mrs McKinnery

Allergy Awareness & Health Care Plans

Our office staff work with families to prepare and update the health care plans, asthma plans and allergy & anaphylaxis plans for students. It is imperative that if your child has a significant medical condition, that you contact the office to communicate the management of that condition. In some cases, a health care plan signed by your doctor will be required. It is crucial to maintain communication between school, home and healthcare providers to ensure that students with allergies and medical conditions have appropriate accommodations and emergency plans in place.

We have had enquiries about whether our school is a nut-free school. We strongly encourage our families not to send nut products to school in children's lunchboxes and while many schools strive to create a nut-free environment to protect students with severe allergies, it is challenging to claim that a school is entirely nut-free. Even with policies in place, it is impossible to ensure that every student adheres to the guidelines and does not bring any nuts or nut-containing products onto school premises. Some foods may be manufactured in facilities that also process nuts, making it difficult to guarantee the absence of nuts entirely. In addition to this, other students also have allergies to dairy products, for example, so it is not possible to remove these allergens completely from our school environment. Anaphylaxis is a severe and potentially life-threatening allergic reaction that requires immediate medical attention, so we ask that you reconsider sending any nut-products to school.

In the school's management of anaphylaxis:

- All staff undertake annual mandatory CPR and anaphylaxis training – this is a requirement of their employment
- The school has anaphylaxis plans that are published across the school for all students with this condition as per ASCIA guidelines
- The school has epi-pens available around the school to be used in the case of an anaphylactic reaction
- Students with ASCIA plans are flagged on the school rolls so all staff are aware of the students condition
- School excursions or extracurricular activities requires that any student with an ASCIA plan is logged, the supervising teacher has a copy of the ASCIA plan and also carries a school epi-pen in the first aid case.
- The school is committed to continue to inform the community about anaphylaxis

For more information, please visit this link: [ANAPHYLAXIS](#) and do not hesitate to contact us if further information is required.



OC Applications

What: Year 4 applications for OC Class 2025

When: Open 4/4/24 and close 20/5/24

Where: Applications are submitted online

OC test is 1st August 2024

Sport Information

Updates from our sport programs

This week our office staff have been sending home payment information for the Winter Sports program for Years 1-6 (weather permitting). The winter sport program will commence on Friday 3/5/24.

Options available for students in Years 1-6 for winter sport are:

Representative PSSA (Years 3-6 only)

This is for selected students only based on trials conducted at school. Selected students have been notified. Permission notes, information and costing have been sent home via our online permission and payment platform.

External sport provider programs (Years 1-6)

Options available for external sport providers—gymnastics, soccer skills and multisport. These programs are supervised by school staff but involve payment to specialist coaches who conduct the activities at school. These activities are optional only. Numbers are capped for all programs and places have been allocated on a first come, first served basis.

A hard copy expression of interest note has been sent home with students. Families should return this EOI completed with preferences. Once the EOI is processed parents will then receive an email with relevant permission and online payment details.

- GYMNASTICS – YEARS 1-6
- SOCCER SKILLS – YEARS 1-2
- MULTISPORT - YEARS 3-6

School Sport

This program involves the teaching of fundamental movement skills and sport specific skills and is taught by school staff, at school, free of charge.

ATHLETICS CARNIVAL INFORMATION

Friday 12/4/24 is our Athletics Carnival for K to Year 6 - here are some helpful hints:

Departure information

- 8:15am arrival for students in Stage 3. Buses depart at 8:30am.
- 9:15am (approx) buses depart for Stage 2.
- 10am buses department for K-2.

Uniform and food

- Students should wear their house colours or school sport uniform.
- Please remember hats and sunscreen.
- Students should wear shoes that are suitable for running in such as joggers. Students are not permitted to run without shoes.
- A canteen is available however it is recommended that students bring their own snacks and lunch and water.

Spectator Information

- Parents, family and friends are welcome to attend.
- The track or inside the fence is for staff and students only.
- Spectators are welcome to view from anywhere outside the fence.
- It is recommended that spectators bring a chair if they are sitting outside of the grandstand.

Return information

- K-3 will leave the venue at 1:30pm (subject to seating space on the bus)
- Years 4-6 (with Year 3 as required) will return leaving the venue at 2:15pm.
- Parents will be able to sign students out at the venue however all students from the family must be signed out at the same time and then depart the venue.

Sport Information

Updates from our sport programs



CONGRATULATIONS

Well done to the following students who represented our school in Term 1 in a variety of sports:

- AFL - Lucas 6T, school representative
- BASKETBALL - Darian 5/6S school and Botany Bay representative. Tiana 6T, Brian 5/6S, Ali 5/6S and Valentina 5/6S school representatives.
- NETBALL - Kahlia 5K, Vanya 5D, Athena 6D and Naimal 5D school representatives.
- RUGBY LEAGUE - Hussein-Noah 5/6S and Erol 6T school and Botany Bay representative. Erol has been selected to attend the final Sydney East trial.
- TENNIS - Elisabetta 3/4H school representative, Hudson 5K school and Botany Bay representative and Markus 5/6S school, Botany Bay and Sydney East representative.
- SWIMMING - Amali 2M and Scarlett 5D school and Botany Bay representatives. Marvelyn 3W school, Botany Bay and Sydney East representatives.

These are pathways events where students continue to progress if selected - some trials are continuing into term 2.



Easter Memories

Well done to the students in Years 3, 4 5 and 6 who submitted displays for the eggshibition. The creativity shown by all the entries was enjoyed by students and staff who were able to visit during the day.

CONGRATULATIONS

BEST SPORTS EGG

- Kyah 3L - Egg Olympics
- Darian 6/5S - Basketball Eggs

BEST ANIMAL EGG

- Aurora 3W - Bee
- Jaxson 4P - Chicken Coop

MOST ARTISTIC EGG

- Selena 6T - Artist at work
- Gabriela 6D - Decorative in a basket

BEST CHARACTER EGG

- Juan 6T - Wild Robot
- Alan 4T - The 'Up' House

MOST UNUSUAL EGG

- Olivia 3/4H - Spaced out
- Ella 4P & Frances 3/4H - Grab it Rabbit

PRINCIPALS AWARD

- Mia 6T - Egg Wars



P&C News

*Our P&C are always looking for volunteers-
Can You Help?*

**P&C EVENTS
FOR YOUR CALENDAR
WEDNESDAY 8TH MAY
P&C Mother's Day stall**



**The P&C Easter raffle was a 'monster raffle'
Over \$3000 was made thanks to the donations
from families towards Easter prizes then the
support in purchasing tickets.**



KINDERGARTEN

Ethan, Olivia, Ainoa, Nicholas, Daniel, Lorenzo, Abigail, Luca (2 prizes), Elizabeth, Harry and Zoe.



YEAR 1

Hamish, Angelo, Bassam, Charli, Valentina, Ava, Zia, Sadie, Mia, Lara, Harry, Setlios and Petar



YEAR 2

Ocean, Shayeen, Elyssia, Thanasis, Haise, Jana, Fatimah, Sofia, Phoebe, Aleah, Maddie, Luka, Anastasia, Gabriel, Sophie, Frankie and Emmanuel.



STAGE 2

Abigail, Celestia, Alayna, Lilia, Sienna, Kieran, Drake, William, Victoria, Mikayla, Roukaya, Olivia, Elina, Natalya and Emily,



STAGE 3

George, Hussein-Noah, Arthur, Joshua, Aleksej, Christina, Eliana, Calista (2 prizes), Mahina (3 prizes), Sophia, Rafael, Alexandros, Athena, Juan Sebastian, Mia and Abbas



Getting to school and staying at school

Information for parents and caregivers

What is School Refusal?

School Refusal is a complex issue which can become a source of enormous stress for the whole family. That's why schools want to work with you to come up with a plan to support you and your child.

- Many children and adolescents are reluctant to go to school at some point, but some find it so difficult that they refuse to go.
- The term School Refusal is often used when not going is related to a worry or an anxiety.
- School Refusal can happen at any age, but seems to happen more during major changes in children's lives like beginning kindergarten or the transition from primary to high school.
- There is no single cause for School Refusal, and reasons will differ from child to child.

What might I see?

If your child has missed school twice over two weeks, especially with some of the behaviours below, this may be a pattern of School Refusal.

- Tearfulness before school or repeated pleas to stay at home.
- Tantrums, clinginess, dawdling or running away before school or during drop off.
- Frequent complaints of illness before or during school, like stomach aches, headaches, dizziness or tiredness.
- Difficulty going to school after weekends, holidays, school camps or sports days.
- Long periods spent in sick bay or otherwise out of class.

What are the impacts?

School Refusal is a serious issue and needs to be managed early. Long absences mean that children miss out on both learning and friendships.

- The pattern can very quickly become a habit and very hard to change for children and their families.
- Missing one day of school each week means 2 full months' worth of learning lost over a year. This adds up very fast.
- Missing out on education can impact a child's lifelong learning and their social and emotional development in many ways.

It is important to respond

- School Refusal can also be a sign of an emerging mental health difficulty, so it's important to respond.
- That stomach ache might not be due to a bug, but a real symptom of your child's worry about going to school.
- Research shows that every day absent in high school has an impact on numeracy.
- Frequent absences might also jeopardise your child's relationships with their friends.
- Acting early is the best way forward. Seek help as soon as you are concerned.

Find support

You might find support for you and your child through your family doctor, the school counsellor, a family friend, a community-based support worker, an Elder, or a religious or spiritual leader.

Is your child refusing to attend school?

We really understand that this isn't easy!

Talking with your child's teacher is the best place to start

You might also find it helpful to seek support for yourself





Little Sails Vacation Care



April 2024

Little Sails Vacation Care is available for all children aged 5-12 years of age from any school in the area.

The program of activities runs from:

Monday 15th April to Monday 29th April

Includes pupil free day on 29th April

(Please note that we are closed for ANZAC Day on 25th April)

The cost can be discounted through CCS rebates

Some of the activities planned for these holidays are:

Soccer workshop, Planet Lava, Colour run, Little Picassos and Laser tag








Please Phone 9567 7380 or email littlesails35@hotmail.com

For enrolment information







Week 1

<i>Monday 15th April 2024</i>	<i>Tuesday 16th April 2024</i>	<i>Wednesday 17th April 2024</i>	<i>Thursday 18th April 2024</i>	<i>Friday 19th April 2024</i>
<p>Explore your senses</p> <p>Delve into a world of sensory discovery where sight, sound, touch, taste and smell come alive. Through engaging activities, games, and experiments, children will embark on a thrilling exploration, stimulating all five of their senses</p> 	<p>Soccer Day</p> <p>Score big with our soccer day! Led by an experienced coach, children will sharpen their soccer skills through drills and friendly competitions. From dribbling and passing to shooting and defending, participants will learn fundamental techniques while having a blast with their friends.</p> 	<p>Planet Lava</p> <p>A silly space explorer arrives at Little Sails to entertain us with his amazing circus skills! Planet lava is an interactive show, combined with high-level circus skills including diabolo and hand balance on a stack of chairs. Children will also get the chance to learn these skills in a hands on circus workshop after the show</p> 	<p>Snack Attack</p> <p>Calling all young chefs and food enthusiasts to join us for a delicious adventure in snack-making. From savory to sweet, crunchy to chewy, children will have the opportunity to roll up their sleeves and whip up a variety of scrumptious snacks.</p> 	<p>Street Dance</p> <p>During this cool dance program, you can learn awesome moves that you see in music videos. A very relaxed style of dance that improves posture and muscle strength, and increases balance and coordination.</p> 
<i>Bring your own lunch</i>	<i>Bring your own lunch</i>	<i>Bring your own lunch</i>	<i>Bring your own lunch</i>	<i>Bring your own lunch</i>



Week 2

Monday 22 nd April 2024	Tuesday 23 rd April 2024	Wednesday 24 th April 2024	Thursday 25 th April 2024	Friday 26 th April 2024
<p>Games show</p> <p>Step into the spotlight and be a contestant in our thrilling 'Game Show Day'! It's time to test your knowledge, skills, and luck in a series of exciting challenges inspired by your favourite TV game shows.</p> 	<p>Colour run</p> <p>Get ready to paint the town vibrant with a burst of colour and laughter. This thrilling event combines the excitement of a traditional run with the exhilarating explosion of colour at every turn. Please wear light coloured clothing that you aren't afraid to get dirty! And bring a spare change of clothes for after the event.</p> 	<p>Aim 4 fun</p> <p>Eliminate your opponents while working individually and as a team! Join us for a friendly game of LASER TAG!</p> 	<p>Closed for ANZAC Day public holiday</p>	<p>Pj and movie day</p> <p>Get comfy and join us for a PJ and Movie Day extravaganza! It's time to slip into your favourite pajamas, grab your comfiest blanket, and settle in for a day of movie magic. We're rolling out the red carpet with a lineup of family-friendly films that are sure to delight audiences of all ages.</p> 
<i>Bring your own lunch</i>	<i>Bring your own lunch</i>	<i>Bring your own lunch</i>	<i>Bring your own lunch</i>	<i>Bring your own lunch</i>

Week 3

Monday 29 th April 2024				
<p>Little Picasso's</p> <p>Unleash your inner artist at 'Little Picasso's Painting Day'! Dive into a world of creativity and expression as children explore the wonders of painting. Young Picassos will experiment with various techniques, colours, and styles to create their own masterpieces.</p> 				
<i>Bring your own lunch</i>				

April School Holiday Program

Ages: 5 - 12 years old

What to bring: Water bottle, recess and lunch, enclosed shoes.

BOOK NOW!



Join us this April for our exciting range of school holiday activities!

DATES AVAILABLE! Extended hours available 3pm - 5pm.

Active kids vouchers are accepted!

Creative kids vouchers accepted for creative workshop & origami design only.

Mon 15 April	Basketball Skills Development
Tue 16 April	Basketball Skills Development
Wed 17 April	Basketball Skills Development
Thu 18 April	Laser Tag Futsal Volleyball
Fri 19 April	Inflatable Obstacle course Creative Arts Workshop
Mon 22 April	Mini Olympics
Tue 23 April	Jersey Day Futsal Basketball Origami Design
Wed 24 April	Laser Tag Futsal Basketball Creative Arts Workshop
Thu 25 April	ANZAC DAY - CLOSED
Fri 26 April	Inflatable Obstacle Course Dodgeball Multi-Sports

Visit our website for more details by scanning the QR code above, or alternatively, give us a call on 9559 7722 !